

(Austin, Texas) Workforce Solutions - Capital Area is a regular volunteer at the Austin Capital Area Food Bank. During a recent volunteer drive, we gathered these volunteer quotes:



"Our afternoon at Capital Area Food Bank was a fun team-building experience; an opportunity to donate our time and talents, and a great opportunity to teach my children the joy of giving, rather than receiving."

Nytzia Winn, Workforce Development Specialist - UI

"The Capital Area Food Bank is such an awesome place! It was amazing to see so many Arbor staff members come together to volunteer their time to help others. The facility was huge and gave me a new perspective on how much [food] could easily be wasted every year, but thankfully, by joining together as a community we can turn one person's rubbish into another person's smile. I will definitely be volunteering with Arbor again."

Ruthi Ramsey, Disability Program Navigator



David Davenport,
President and
CEO
Capital Area Food
Bank

About Capital Area Food Bank

In our 27th year of service, the Food Bank provides food and grocery products to 355 Partner Agencies including soup kitchens, food pantries and homeless shelters in 21 Central Texas counties – from larger organizations such as Salvation Army, Caritas and Meals on Wheels and More, to small, rural church food pantries serving a few dozen families per week. In 2007, CAFB distributed more than 15 million pounds of food for hungry Central Texans.

Our mission is to nourish hungry people and lead the community in ending hunger.

Visit us online at <http://www.austinfoodbank.org>